

3-24-15

REPORT of Healing Meeting, Wednesday,
March 24, 1915

Mr. Fillmore: Speaking of health, it is remarkable what a large share of the Christian religion, as taught by Jesus Christ, is given to the discussion and demonstration of health. You remember that he constantly healed. I think that of the different so-called miracles, fifty-two in number, some thirty-nine were of healing, as given in the New Testament. When the disciples of John sent to Jesus to know whether he was the Messiah, or not, he said, "Go and tell John these signs that ye see. The sick are healed, the blind receive their sight, and the deaf hear." He gave the healing as a sign; the healing of the sick was one of the signs of his Messiahship; and in the

very last command he gave to his disciples, and all those that believe,- he said, "These signs shall follow them that believe. they shall heal the sick, preach the Gospel, cast out demons, raise the dead." That was especially emphasized,--These signs shall follow them that believe.

Now the fact is, if you are not being healed, if you are not coming into better health, you are not believing. because that is one of the tests that you have got hold of the real truth,--that you understand Christianity,--that you are being made whole. Is it not an astonishing thing that the orthodox church does not catch on to this proposition of health being a primal evidence of the truth of the religion of Jesus Christ? I never belonged to an orthodox

church; but I do not understand it. Every time I think of the many evidences in the Scripture of health as a result of the understanding of the truth, I think,--Why don't they teach it in the churches more? I cannot understand it at all. I do not see why they have cut that out, because it is so essential. The very foundation of the whole religion is that man shall have a harmonious mind; that your mind can be in perfect harmony, and that that will show out on your body. And that is true. Even Shakespeare said, "It is the mind that makes the body rich." Go back and back in history, and you will find that nearly every one of those who have thought deeply, the so-called philosophers and seers, always preached the relationship between the harmony of mind and the health of the body. That is a universal religion;

it is not only the Christian religion, but every religion that was ever promulgated, takes as its foundation the right relation between the truth and the forces of the truth. The vine, and the branches and the fruit,--we are told that Jesus Christ gave that illustration. He said, "Here is the Vine, the great parent source, and you are the branches." What is the fruit? Why, the visible man. The branch is joined to the I AM, and the I AM makes the manifest. That manifest is the fruit, and if that fruit is wormy, and has blemishes on it,--in other words, if that is the condition of the body,--you may know at once that there is something wrong somewhere. And where is that wrong? You will all admit, and all of our philosophers, and our sociologists,--even the doctors are discovering that the whole thing really originates in some wrong mental proposition. I do not care if you do admit or

take into your philosophy the so-called contagious diseases, you will find that that poison, in its originating source, was some state of mind.

We are told that what is called grippe originated away back over in Russia, in a rebellious, revolutionary state of mind, and swept over the country, and all the rebellious, revolutionary people in the world took grippe, and the more of that you have in you, the more are you subject to grippe. Some people say that they have it every year, but just as soon as they begin to get the love of God in their hearts, that grippy, fighty state gets out, and they are not subject any longer. That shows that it is not grippe, but it is the mind. It is a state of consciousness, in other words. The whole man is made up of states of consciousness, and these states of consciousness get

into inharmonious relation, and then the poor body has to suffer. If we would all understand, first, last and always, that our bodies are naturally healthy. If your body was given to you now, direct from the Creator's hands, why, it would be perfectly healthy. That is the way we were all created in Divine Mind. We have a healthy body-idea. That never can be interfered with, that perfect health body-idea, because it exists in Divine Mind, and it is part of your subconsciousness. If you could reach down to the subconscious issues of life in your organism, you would find there a perfect, pure stream of spiritual life running through you. That is the blood that is spiritually flowing. You would find there perfect assimilation, perfect digestion, perfect nerve action,--everything would be absolutely perfect in this type-body. Everyone has that type-body; that is the spiritual body and it

is absolutely perfect. Its perfection cannot be broken up. A good metaphysician catches on to that proposition, and he talks to that subconscious body. He does not spend his time working with the physical body. He knows that is simply a picture of the mind, the physical mind, or the mind that is looking at outer things. But the mind that looks in spirit and in truth works upon this perfect body-idea, and he can bring forth perfection in any organ, or in any function of your organism by dwelling upon its innate perfection. In spirit and in truth, you have a healthy body, and the ill health that seems to be in the body, and the corruption, is the result of what is called the error mind. Jesus Christ referred to the body as the Lamb of God. He was the Lamb of god. He came as that perfect unseen

body, and he, like the scapegoat, --he allowed all the sins in the world to be piled up on his head, and then he fled away with them into the wilderness. In other words, he took all the sins of all the family the human, enough of each to make a pure serum. Jesus Christ was the first and greatest serum manufacturer. He made a serum, such that if one little drop of it enters into your mind,--but one idea,--you will find that it will course through your veins, and you will be perfectly healthy.

A man told me the other day that down here at one of these hospitals, they were healing people through an operation which consisted in drawing out so much of the blood, taking it from somewhere in the back, I think it was. They punched a hole in a man, and

pumped out some blood, about a pint, I guess. The operation is a serious one, and a man can stand it only once in thirty days. They take this blood out, and put it through a purifying process, and then they squirt it back again. (Laughter.)

That is the truth. I am giving it to you in plain, everyday language. The doctors would have a lot of Latin words that you could not understand, but I am interpreting it for you. And in two years, don't you know, they have all of your blood cooked over, and it would be perfectly pure. Every corpuscle. That is, it would have been pure when they put it back in. But how about the changes that the man is making in this blood all the time? We are told that even at the end of thirty days, the circulatory system has gone through

a change. Now, they may have purified all the corpuscles in a certain quantity of blood, but here is this mind up here, and it is thinking,--well, it is thinking whiney thoughts, and sighing thoughts,--all kinds of thoughts. What are they doing with them? Those thoughts are putting it back in the same condition it was. I do not think they ever healed anybody that way. I think it is an experiment. I can see from the viewpoint of a metaphysician that man inhibits or pollutes his circulation through his thought. If you are on a low plane of thought, if you are whiney, or if you are saying hard things about your neighbor, or about yourself or your friends, you are adding that condition,-- you are putting it into your blood. And you will get that result, if you are negative, and whine and cry, and take on about

every little thing. That will lower the circulation. It will lower the whole tenor of your mind, and you will get watery, and you will have a weak back, and the whole man will be let down.

You can see that it does not make any difference how much you purify, or how much medicine you take. You might take pills, or tonic, or sarsaparilla, or any kind of spring medicine, and get yourself purified, so that your blood would be just as pure as the purest water; but if you go on thinking these old error thoughts, you would pollute it again. So that the only remedy is to get into the place in the great Universal Mind, where the law of the righteous life is in vogue, where it is doing its 'perfect work'. Hit the high places. Do not go down into negative thought. Do not allow yourself for a

single moment to come under the adverse law. And then the devil cannot get hold of you. That devil is simply negation. It is that that says,--There is not any God. I cannot see God. Trot out your God, if you have got any.

You have got to know that there is that innate Something in you which is health. If you should ask me what health is, I should say,--When my digestion is all right, and my assimilation is all right, and I feel right, and I am happy,--that is health. That is a description of health. I do not think of a condition of universal harmony between myself and God. But let me get sick, and then I begin to reason. I begin to ask, Why is this condition? But if I am wise, I will ask within, because as Jesus said, It is the Father within that doeth the work. If I look to external things, I am sure to go wrong.

The remedy for every inharmony is a state of that innate Something in man, which will make him feel that he has found the right end of the string. He must know himself. He is not going to get well through any outer application, but just through the application of the mind to the Universal Mind, and then the using of that perfect harmony which flows to you through that Universal Mind. We must do away with everything that is discordant, everything that worries, or interferes in any way with the perfect harmonious action of every function, of every thought, and then every function will be perfect, because every function of the body is directly related to the state of ideas in the mind.

Is not it wonderful that the doctors in their researches here very recently, are proving this whole thing to us? They are

finding out the relation between the emotions and the health. Now, then, it is our privilege to carry this wonderful health proposition into a science. We have found that there is a science, and that the science is what Jesus Christ taught. And it is a truth that man should be perfectly healthy, and if he is not perfectly healthy, his religion, rightly applied, should make him healthy. If his religion does not make him healthy, he has not any religion. He just thinks he has. The only real proof of your religion is health. That is true.

So every one of us must get busy, get busy. Find out wherein we are falling short, and square ourselves up by this great principle.

Why, it is so easy. As I told you, you have all the foundation in a naturally healthy body, and I have known people to heal themselves, to come into harmonious relations with the great Universal Mind.

--by simply realizing that they had right now a healthy body, and acknowledging it. When people cannot find the end of the string, or touch the button that opens health to them, I have said to them,-- "Now realize this. You know that God is the source of all that is good. And health is good. Consequently, you have your origin in a good healthy source. Being is healthy. Being gives you a healthy body,--a perfect body. That body in you is now healthy." And all at once, this physical body will begin to stand up and take notice, and it will say, "Why didn't you tell me that before?"

The visible man looks outside for healing, and deals with externals, but the moment you call his attention to the other side of the proposition, where ideas exist, and he looks in that direction, and

these ideas begin to precipitate into his healthy body, that healthy body is thrown into every cell of this body, and he comes into health,-- frequently without knowing how. You have seen people that were naturally healthy. They lived in a healthy atmosphere. They did not worry about their sins, or they would be anything but healthy. Why? They caught on to the idea of health, and the natural spiritual body reflected itself right into the physical, and they were healthy.

All of man's life can be understood in the same way. We say that this matter of prosperity, success, is a matter of dropping into it. Here, there and everywhere you find people that have dropped into prosperity. They seem to have a knack for it. They are lucky, we say. It is a matter of catching on to the prosperous idea, and staying with it. If you take hold of it, and then let it go, you are apt

to lose out. But if you know it, and know that you can take it into your mind and cultivate it, and you do so without ceasing, you have eternal prosperity.

Cultivate the idea of health, and bring in all these side issues. Bring in everything that can make you believe in your innate health, and after a while, you cannot help but be healthy.

We are here tonight to cultivate the health idea, to think more about man as naturally healthy. Some people have been unhealthy so long, they do not seem able to believe that health is their natural state. Their minds have run on the negative side so long. So we must get them to believe in health as their natural condition. This helps to lift them out, if we get together as we are tonight, and say, "I am going to try that anyhow." Believe. Jesus Christ said to those

beginners.-- Just try it. I do not ask you to get an understanding of the whole doctrine; I do not expect it. But just believe that I can do these things; then I can do them. It is according to your faith. If you believe a certain proposition, it will come to pass, as sure as anything. We are here to cultivate that faith, that belief. And the understanding will come as we begin to prove the fruits.

We will be glad to have you, every one, tell us of anything connected with a larger understanding, and a larger demonstration of this health proposition. Especially in its relation to religion. Everybody please tell us.

Do not be like the man who wrote to me. I got the letter today; it is on my desk. I only read the first of it. It started like this:--"I wish to tell you, briefly, of my condition." And then

I turned back to the last page of the letter, and it was numbered 40. Forty pages. We would not care for any testimonial that long tonight. But I presume some of you could tell enough to cover forty pages easy enough, about the good that has come to you.

Mr. ANDREWS. I want to say that as fast as I can raise the old phonograph records (of former thoughts), I have better health.

Miss De VOSS. I think that since I began the study of this truth, I have outgrown many things. I find we do not have to give up anything, but it all sloughs off, like the scales of a fish. I used to be a great coffee-drinker. I loved the taste of meat. I said, "I shall never give up my coffee, and I will never give up meat." And

I did not try to give them up.

After I studied this work a while, and especially after taking the lesson on 'Judgment', I lost the taste for coffee. Rather, I did not so much lose the taste for it, but my stomach seemed to refuse it. Since then, I cannot drink coffee at all, for my body simply refuses it. I have no desire for it, and tea is the same. At about the same time, I just simply turned against meat. I did not try to give it up at all, because I did not wish to, but I turned against it, and I have had no desire for it, for so long, that I know that has gone from me. Through giving up meat, I find that I do not care for so much water. The eating of meat kept alive certain beliefs in my body, and I have outgrown those things with those two articles. Several other things have

disappeared along with it.

I find I do not have to give up anything, but it has to give me up. My experience has been like that of the little girl who said, "I don't want to be a big girl, for I will have to give up my dollies." And her mother said, "No, your dollies will give you up."

Mrs. CRAFRATH: I am so thankful that I started to study the word, and I shall never, never stop until I have gotten all.

Mrs. GUYMON: Since coming into truth in Unity, I have better health, and steadier nerves than I ever had before.

The SPEAKER: Some people think that because they have

not grown perfect health all at once, that they have not gotten hold of the law. But that does not prove true.



It's a long way to Tippe-ra-ry

Mrs. COMSTOCK: I have always thought that I had a great deal of faith, but when you speak about it being necessary to believe, I realize that I make my statements, and at the time I make them, I think that I believe, and I think that I have faith, but I realize now that half the time, I am going around with the idea subconsciously, that this thing I have asked is too much for spirit to do. But

I know the reason I do not get the result I want is that I have not had strong faith, and have not believed that these things are possible. I know it is necessary to believe and have faith.

The SPEAKER: We do not raise our faith up to the sticking-point. We think that if faith is in the things that we can see, and touch, and hear, that that is all of faith. You have got to go deeper than that to exercise your faith. Faith is a spiritual quality. It requires a very large field of action. You must have faith in the impossible thing.

Now, it is not really necessary to give testimonials audibly. If you can radiate the health that you feel, it sometimes does as much good. at least, as if you told about it. But

it is also good to express yourself. If you can sit quietly, and drink in the great sea of health, the radiant health of spirit which is always here, you would get good, and you would give good. Whoever has received this wonderful understanding, that God is the health of his people, and that it is your privilege to be perfectly ^{healthy}, and has given that out in thought, has fulfilled the law. Freely you have received the truth, freely give the result of the truth.

Someone I do not know: Bless the Lord, oh my soul, and forget not all his benefits. For it is he who hath forgiven our iniquities, and healed our diseases.

The SPEAKER: "I am the health of my people." That

has been a great consolation to me at times. "I am the health of my people." Say that to your people,--your thoughts. your thoughts are your people. And that alone will raise your health-flow. You will feel stronger after you have made a few statements like that. If you do not feel just right, quietly say, "I am Spirit, and I am the health of my people."

Repeat that first aloud, and then silently, and realize its truth, and you will raise the activity, and establish in a stronger, more healthy environment, every cell in your body.

Mrs. WILSON: Since coming into this truth, I can say honestly that I have had better health than I have had for 35 years.

Some of the answers given to-night (in reply to request for definition of health,) said, "To be healthy is to have harmony." I am healthier, but have not everything harmonious. That is, there are some things in my body that are not in exact harmony. There are some things in my affairs that are not exactly harmonious. Still, I am healthy, perfectly healthy, and I have perfect,--or nearly perfect,--peace of mind these last six months; more so than I ever did have, that I can remember.

Now, I do all I know how to do, and when I feel myself, as I very often do, entertaining bitter thoughts against someone, I catch myself, as you told me I should, and I then affirm, "I work consciously with the spirit, to overcome the mind of the flesh, and

to establish within me the consciousness of righteousness, power, and dominion." That has helped me to root out the bitter thoughts, and it is bringing my forces into divine order.

I know that health does not come suddenly, any more than prosperity comes suddenly. It grows. It may sometimes be slow, but it surely grows.

The SPEAKER: Two minutes more.

..... I do not understand how the others can talk about being sick, or not being healthy, because if you belong to Unity, you could not possibly be sick.

Mrs. DUNCAN: We have not always had Unity, but we have always had Christ. I could give 40 pages, but that is not necessary.

For 20 years I was an invalid, and once early in that period, the physicians gave me up, and prayer healed me. Later on, about eight years ago, when I still knew nothing about New Thought, or anything of that kind, the physicians gave me up again. In earnest prayer one day, a voice spoke to me so plain, saying, "Get up, and go to work." And I got up. I did my utmost, and ever since that time, I have been gradually growing stronger. I have improved wonderfully since coming here,--much more so than I did before, but without any outside healing whatever, I have regained my health.

The SPEAKER: I can see myself that it is not always wise to give credit for demonstration to any external thing, like a religious organization, or a society of people. Some people like to give credit to personality, but the better way is to give credit to

the Truth. Your healing will come through an understanding and an application of the Truth, always. It is not something that Unity sets forth, but something that the Spirit of Truth reveals to you.

Now let us realize again that God is the health of his people, and that God's name is I AM. There is a wonderful inner meaning in I AM. "I AM is my name unto all generations," said the Lord. The more you think about I AM, the larger activity will come to you in spiritual consciousness.

Let us all for just a few moments, get perfectly still, and hold,-- "I AM THE HEALTH OF MY PEOPLE." This is the Spirit of God speaking. Close out every external thought. Be silent, and hear him, and see him, and feel him, even. (Silence)